

## CONGRESS CHAIRS

Loris R. Lopetuso  
Giovanni Marasco  
Olga Maria Nardone

## FACULTY

Cesare Cremon  
Francesco De Seta  
Loris R. Lopetuso  
Giovanni Marasco  
Olga Maria Nardone  
Gerardo Nardone  
Serena Porcari  
Giovanni Sarnelli  
Franco Scaldaferrì

## Sede Congresso:

Hotel Baglioni:  
Piazza dell' Unità Italiana, 6  
50123 Firenze

Evento n° ID: 6364-435987

N° crediti: 10

Professione: MEDICO CHIRURGO  
SPECIALIZZAZIONI: GASTROENTEROLOGIA; GERIATRIA;  
MALATTIE INFETTIVE; MEDICINA E CHIRURGIA DIACCETTAZIONE  
E DI URGENZA; MEDICINA INTERNA; CHIRURGIA GENERALE;  
MEDICINA GENERALE (MEDICI DI FAMIGLIA)

OBIETTIVO FORMATIVO: linee guida, protocolli, procedure

## Scientific Rationale

The growing significance of microbiome research has paved the way for a deeper understanding of the pathophysiology of gastrointestinal diseases and related disorders. The "Microbiota Road to" congress aims to delve into the impact of the microbiome on gastrointestinal health and explore its potential clinical implications. The 2025 edition will introduce groundbreaking insights into the role of intestinal barriers, which are crucial for overall health. Diet is one of the most significant factors influencing microbiome composition, and many patients with gastrointestinal issues often report symptom flare-ups after consuming specific foods. In this context, effectively managing food intolerances is key to enhancing patients' quality of life. The congress will also provide an in-depth examination of the utility of breath tests in gastroenterology, offering practical guidelines on which tests to use, when to use them, and how to interpret the results.

Another important topic will be the impact of **Helicobacter pylori** (H. pylori), a major disruptor of gastrointestinal ecology. Emerging research will be presented on how H. pylori eradication affects both gastrointestinal symptoms and the microbiome.

Additionally, the congress will present a hands-on approach to managing common gastrointestinal symptoms and diseases where microbiome modulation proves to be an effective therapy. These include conditions such as diarrhea, constipation, ulcerative colitis, and drug-induced dysbiosis. The meeting will also explore the multidisciplinary approach for patients experiencing overlapping uro- gynecological symptoms.

Finally, interactive clinical cases powered by artificial intelligence will challenge participants to develop microbiome-targeted diagnostic and therapeutic strategies, making this congress a truly immersive and practical learning experience.

Con la sponsorizzazione non condizionante di Alfasigma S.p.A.

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PROVIDER E SEGRETERIA ORGANIZZATIVA

EVENTLAB

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 **AGGEI**  
Associazione Giovani Gastroenterologi  
ed Endoscopisti Italiani

14 - 15  
march 2025  
Florence

Hotel Baglioni



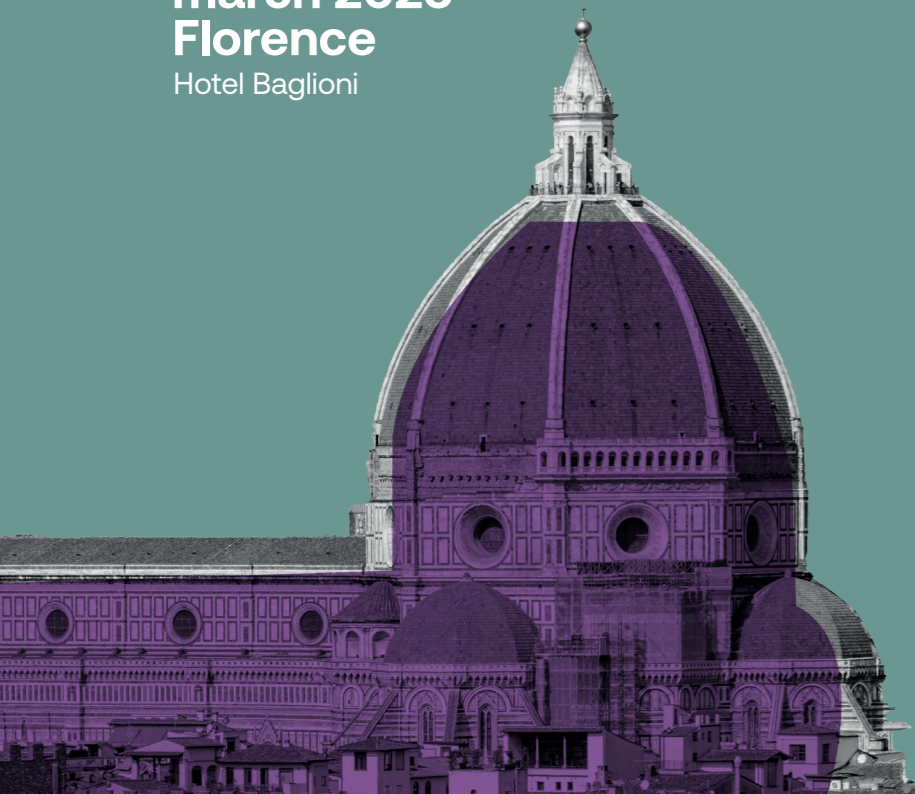
PRELIMINARY PROGRAM

**Microbiota**  
road to  
Florence

# Microbiota road to Florence

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## Friday March 14<sup>th</sup>

- 13.00 - 13.45 Registration and welcome lunch
- 13.45 - 14.00 Welcome, course description and objective  
*Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone*
- 14.00 - 14.30 Novelties in microbiome and gastrointestinal diseases: an update  
*Cesare Cremon*
- 14.30 - 15.00 Insights into gut barriers and leaky gut  
*Loris R. Lopetuso*
- 15.00 - 15.30 Food intolerances and breath tests: which, when, how  
*Franco Scaldaferrì*
- 15.30 - 15.45 Query and Answer
- 15.45 - 16.15 H. Pylori diagnosis and treatment: from bed to microbiota  
*Gerardo Nardone*
- 16.15 - 16.45 Managing chronic diarrhea: a dear old enemy  
*Giovanni Marasco*
- 16.45 - 17.00 Query and Answer
- 17.00 - 17.30 CoffeeBreak
- 17.30 - 18.45 Interactive case reports with challenge between participants  
Digital Human Case: An unusual case of diarrhea  
**tutored by**  
*Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone*
- 18.45 - 19.30 Case presentation by participants: what have been and what could have been done?  
**tutored by**  
*Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone*
- 19.30 - 19.45 Query and Answer session
- 19.45 Adjour

## Saturday March 15<sup>th</sup>

- 09.00 - 09.30 Is there a role for gut microbiota in constipation pathophysiology and treatment?  
*Giovanni Sarnelli*
- 09.30 - 10.00 Microbiota modulation in Ulcerative Colitis: the forgotten solution?  
*Olga Maria Nardone*
- 10.00 - 10.15 Query and answer
- 10.15 - 10.35 Microbiome-modulating strategies for drug-induced dysbiosis  
*Serena Porcari*
- 10.35 - 11.05 Dysbiosis and hormonal variations in the context of gastrointestinal comorbidities: the role of the gynecologist  
*Francesco de Seta*
- 11.05 - 11.20 Query and answer
- 11.20 - 13.35 Interactive case reports with challenge between participants  
Digital Human Case: Constipation, vaginosis and dietary restrictions  
**tutored by**  
*Francesco De Seta, Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone*
- 13.35 - 14.30 Lunch
- 14.30 - 14.45 Take home message & ECM quiz  
*Faculty*

