

CONGRESS CHAIRS

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Alfredo Papa
Piero Portincasa
Antonio Tursi

Scientific Rationale

The growing significance of microbiome research has paved the way for a deeper understanding of the pathophysiology of gastrointestinal diseases and related disorders. The "Microbiota Road to" congress aims to delve into the impact of the microbiome on gastrointestinal health and explore its potential clinical implications. The 2025 edition will introduce groundbreaking insights into the role of intestinal barriers, which are crucial for overall health. Diet is one of the most significant factors influencing microbiome composition, and many patients with gastrointestinal issues often report symptom flare-ups after consuming specific foods. In this context, effectively managing food intolerances is key to enhancing patients' quality of life. The congress will also provide an in-depth examination of the utility of breath tests in gastroenterology, offering practical guidelines on which tests to use, when to use them, and how to interpret the results.

Another important topic will be the impact of **Helicobacter pylori** (H. pylori), a major disruptor of gastrointestinal ecology. Emerging research will be presented on how H. pylori eradication affects both gastrointestinal symptoms and the microbiome.

Additionally, the congress will present a hands-on approach to managing common gastrointestinal symptoms and diseases where microbiome modulation proves to be an effective therapy. These include conditions such as diarrhea, constipation, ulcerative colitis, and drug-induced dysbiosis. The meeting will also explore the multidisciplinary approach for patients experiencing overlapping uro-gynecological symptoms. Finally, interactive clinical cases powered by artificial intelligence will challenge participants to develop microbiome-targeted diagnostic and therapeutic strategies, making this congress a truly immersive and practical learning experience.

Sede Congresso:

Royal Continental hotel:
Via Partenope, 38,
80121 Napoli NA

Evento n° ID: 6364-436005

N° crediti: 10

Professione: MEDICO CHIRURGO
SPECIALIZZAZIONI: GASTROENTEROLOGIA; GERIATRIA;
MALATTIE INFETTIVE; MEDICINA E CHIRURGIA DIACCETTAZIONE
E DI URGENZA; MEDICINA INTERNA; CHIRURGIA GENERALE;
MEDICINA GENERALE (MEDICI DI FAMIGLIA).

OBIETTIVO FORMATIVO: linee guida, protocolli, procedure

Con la sponsorizzazione non condizionante di Alfasigma S.p.A.

ALFASIGMA 

PROVIDER E SEGRETERIA ORGANIZZATIVA

EVENTLAB

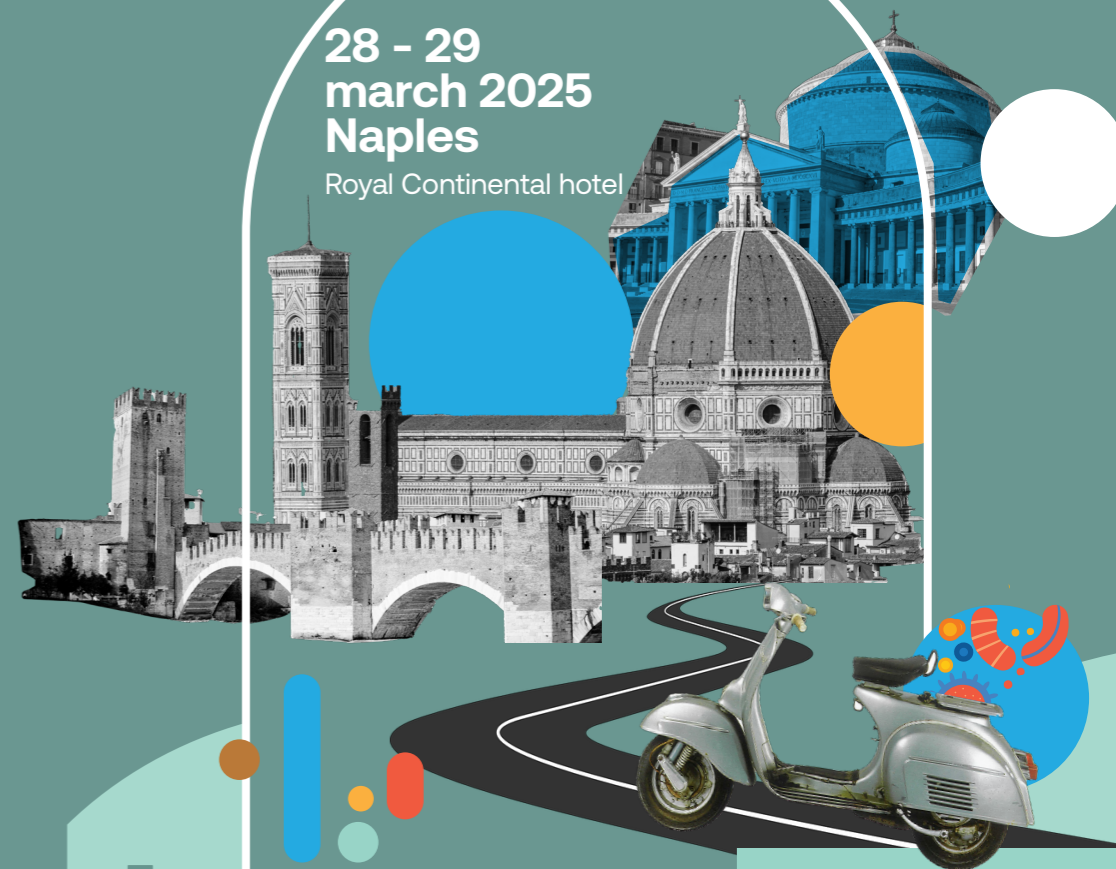
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AGGEI
Associazione Giovani Gastroenterologi
ed Endoscopisti Italiani

**28 - 29
march 2025
Naples**

Royal Continental hotel



Microbiota
road to
Naples

PRELIMINARY PROGRAM

Microbiota road to Naples

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Friday March 28th

- 13.00 - 13.45** Registration and welcome lunch
- 13.45 - 14.00** Welcome, course description and objective
Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
- 14.00 - 14.30** Novelties in microbiome and gastrointestinal diseases: an update
Loris R. Lopetuso
- 14.30 - 15.00** Insights into gut barriers and leaky gut
Federica Facciotti
- 15.00 - 15.30** Food intolerances and breath tests: which, when, how
Alfredo Papa
- 15.30 - 15.45** Query and Answer
- 15.45 - 16.15** H. Pylori diagnosis and treatment: from bed to microbiota
Piero Portincasa
- 16.15 - 16.45** Managing chronic diarrhea: a dear old enemy
Giovanni Marasco
- 16.45 - 17.00** Query and Answer
- 17.00 - 17.30** Coffee Break
- 17.30 - 18.45** Interactive case reports with challenge between participants
Digital Human Case: An unusual case of diarrhea
tutored by
Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
- 18.45 - 19.30** Case presentation by participants: what have been and what could have been done?
tutored by
Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone

Saturday March 29th

- 09.00 - 09.30** Is there a role for gut microbiota in constipation pathophysiology and treatment?
Antonio Tursi
- 09.30 - 10.00** Microbiota modulation in Ulcerative Colitis: the forgotten solution?
Olga Maria Nardone
- 10.00 - 10.15** Query and answer
- 10.15 - 10.35** Microbiome-modulating strategies for drug-induced dysbiosis
Brigida Barberio
- 10.35 - 11.05** Dysbiosis and hormonal variations in the context of gastrointestinal comorbidities: the role of the gynecologist
Francesco de Seta
- 11.05 - 11.20** Query and answer
- 11.20 - 13.35** Interactive case reports with challenge between participants
Digital Human Case: Constipation, vaginosis and dietary restrictions
tutored by
Francesco De Seta, Loris R. Lopetuso, Giovanni Marasco, Olga Maria Nardone
- 13.35 - 14.30** Lunch
- 14.30 - 14.45** Take home message & ECM quiz
Faculty

