



## New insights for a better management of irritable bowel syndrome

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ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA



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**TOPICS**

Rome criteria

Epidemiology, cultural and environmental factors

Diagnosis and differential diagnosis

Clinical phenotypes

(IBS-C, IBS-D, IBS-M, pain, bloating, distension)

Pediatric IBS

Biomarkers

Overlap with other conditions

Gut-brain axis

Stress and psychological comorbidity

Epithelial barrier and permeability

Bile acids

Microbiota

Neuro-immune interactions

Allergies and immune function

Genetic factors

Hot off the press topics

Management

Diet, FODMAPS, gluten, functional foods

Probiotics

Nutraceuticals

Non absorbable antibiotics

Neuromodulators

New therapeutic perspectives

